

Revolution of Love

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November 6, 2009

Lesson VIII: Why We Believe They Have Same-Sex Attractions

Rosie O'Donnell – Actress, Comedian, Talk Show Host

Melissa Etheridge – Song Writer and Rock Star

Greg Louganis – Olympic Gold-Medal Diver

John Amaechi – Former NBA Player

Kevin Jennings – U.S. Department of Education Safe School Czar, and Founder of Gay Lesbian Straight Education Network

We have discussed why homosexual activists fight for special rights. They are wounded men and women as a result of factors which led to their same-sex attractions (SSA) and painful social prejudice. It is understandable that they needed to find safety and love since the social institutions (i.e., educational system, religious institutions) that should have protected and offered them hope for healing only added to their pain and alienation.

Before going into how SSA may be healed, let us look at why five famous people have same-sex attractions. By observing their backgrounds, it becomes obvious how people develop homosexual feelings, affirming the facts that *no one is born with SSA, no one chooses to have SSA, and change is always possible.*

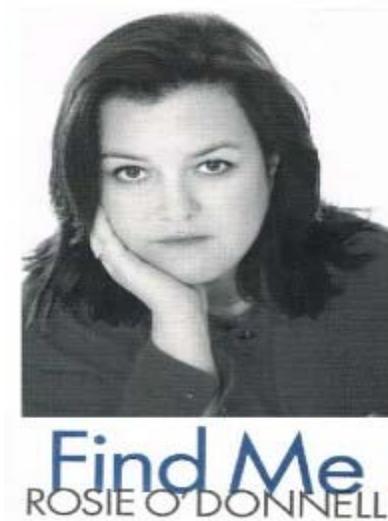
Last week, we shared about the ten potential causes that lead to SSA in men and women. This week we will study the lives of five celebrities to see how each one developed SSA.

Rosie O'Donnell

“After my mother died, the house and just about everything else fell into total disrepair. It was always dark inside. Life itself was smeared a dull gray. It smelled of dust and stale urine. To me, it smelled of death” (*Find Me*, Warner Books, 2002, p. 19).

“I was an abused kid. This is something I have chosen not to dwell on in my public life” (75). “I hate my body. I always have. I do not look in mirrors, I try never to be naked. If I could have sex with my clothes on I would” (71).

“When I was twenty-nine, I fell in love with a man who was sweet and funny and kinder than any man I had ever known. Tall, blond, and handsome, with a stunning smile, we spoke about getting married, which was both thrilling and repulsive. He didn’t care what size my body was and no matter how hard he tried to convince me of that, I never believed him. As he and I got closer, I got bigger. For every pound I gained, I took one step backward, using flesh for padding. I bubble-wrapped my heart...I am difficult to love, and I know it. I never learned the unconditional part, so trust evades me. Add sex and I fall apart, eventually retreating back into the swamp. Very few people can put up with me, and I can’t blame them. I am a constant contradiction. I annoy myself” (73).



Rosie experiences same-sex attractions, like many other SSA women, due to a combination of factors:

- 1 – Hypersensitive temperament
- 2 – Lack of mother-daughter bonding
- 3 – Strained father-daughter relationship
- 4 – Body image wounds
- 5 – Sexual abuse

In Rosie’s autobiography, *Find Me*, and in several magazine interviews, she describes the many causes of her SSA—losing her mother to cancer when she was just 11 years old created a void in her heart, a longing for bonding with a woman; extreme sensitivity to other people’s pain and needs, often feeling their feelings (common among sexual abuse survivors—blurring of relationship boundaries); unspoken family rule—never discuss or share feelings; tremendous gap between her and her father; experiencing sexual abuse; and growing to hate her body and gaining weight to become unattractive to boys and men. If Rosie would work through each one of these issues and experience healthy, nonsexual intimacy with heterosexual women and men, she would ultimately resolve her SSA and experience a sense of inner peace, self-worth, and opposite sex attractions. For a more in-depth evaluation of why I believe Rosie experiences SSA, please visit www.ChangeIsPossible.com and click on Newsletters: Summer 2006.

Melissa Etheridge

“What I really am is this little girl looking for acceptance. Looking for love and trying to fill up this hole inside of me that has always been empty” (*The Truth Is ... My Life in Love and Music*, Random House, 2002, p. xiv).

“I was tortured by my need for love and affection—my need to find someone who could fill up the emptiness inside me. I’m still driven by that need as a songwriter. The best songs I write are still the songs that have an I’m-so-very-sad-and-alone theme” (31).

“This was supposed to be the time of my life. I had made it as a rock star. I had a big house, a fancy sports car, and a relationship that was a lot of work. I guess I expected all of that to fill the big, dark, empty black hole in my heart ... I thought that when I became a famous rock star, all of my problems would fade away. That’s why I wanted to be famous in the first place: to solve my problems. I thought that being loved and adored by millions of people would surely fill up that deep, endless pit I carry inside myself. I thought that I wouldn’t be starved for that attention, affection, or redemption if I had the love of millions. But I was. I was still emotionally malnourished” (182-183).

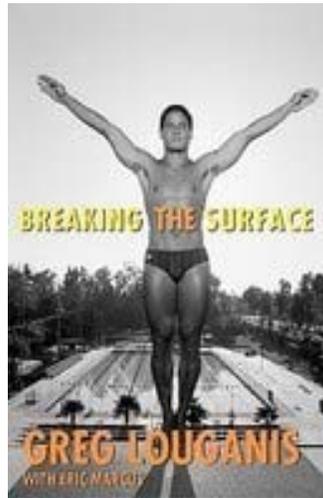
Melissa experiences SSA because of the following factors:

- 1 – Lack of mother-daughter bonding
- 2 – Sexual abuse by her older sister
- 3 – Over identified with her father
- 4 – Lack of bonding with same-gender peers
- 5 – Gender dis-identification: feeling more masculine than feminine

Like Rosie, there was *no* expression of emotions in her family. It was, overall, a cold and unsafe place for Melissa. She was never close to her mother, and was born on Jennifer’s, her older sister’s birthday, which became a source of rivalry for attention between them. Jennifer sexually and physically abused Melissa from the time she was 6 to the time she was 11 years old, thus instilling within her a pattern of intimacy with women which involved sexual relations. Music became Melissa’s refuge, a place of comfort and solace. Her dad supported her talent, while her mother was mostly disapproving. Melissa began to have relationships with women to fill the deep void in her soul. This became her life pattern, until today. For a more in-depth analysis of why she has SSA, please read upcoming issues of our *Change Is Possible* newsletter.

Greg Louganis

“What you will read here is the story of a lonely boy who struggled with dyslexia and discrimination, yet discovered he had a great gift for acrobatics and diving. It’s about a shy kid who battled low self-esteem, bouts of depression, and conflicts over his sexuality yet still went on to become one of the most accomplished divers of all time” (*Breaking the Surface*, Sourcebooks, Inc, 2006, p. viii-ix).



Throughout Greg’s autobiography, we observe the many causes of his SSA:

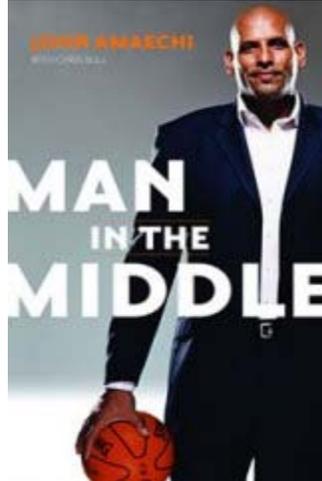
- 1 – Hypersensitive temperament and low self-worth
- 2 – Detachment from his abusive father
- 3 – Over-attachment to his mother
- 4 – Abuse by male peers
- 5 – Body-image wounds
- 6 – Adoption

Greg Louganis is one of the most celebrated divers of our time, with four gold medals at the Olympics, a world championship title won in 1982, and more national titles than any other diver. Yet for most of his life, he hated himself. He was given up for adoption by his bi-racial parents and always felt like he never belonged to his adopted family. On top of that was his father’s alcoholism and abusive treatment toward Greg, his mother’s clinging nature, and being beaten up continuously by boys in the neighborhood and at school. “But sissy and fag were just two of the many sneering things I was called. They all blended together to make me feel that I was truly worthless and had no right to live” (71). All of these early experiences resulted in substance abuse, same-sex attractions, and abusive homosexual relationships. For a more in-depth evaluation of why I believe Greg experiences SSA, please visit www.ChangeIsPossible.com and click on Newsletters: Fall 2007.

John Amaechi

Former NBA player John Amaechi is another prime example of how a boy develops SSA, as described in his autobiography *Man in the Middle* (ESPN Books, 2007). John lacked positive male role models while growing up. His father left the family when John was just a little boy. He, his mother, and two sisters fled from Boston, MA to Manchester, England in order to escape his father’s abusive threats. John’s dad followed them there, with repeated attempts to kidnap his children. John’s maternal grandfather was verbally abusive and constantly critical of John and his two sisters. John’s “Mum” acted as mother and father, his source of love and protection, his primary role model. His maternal Grandma was another source of healthy feminine love. John was also close to his two sisters.

From his male peers in school, John experienced rejection, name-calling, and incessant mockery for his physical appearance and lack of athletic prowess. As a young boy, John was overweight and non-athletic. Like many men with SSA, John was a very sensitive boy. He was quite introverted and preferred to spend time alone reading. It was in these solitary times that he found peace and solace from his lonely, miserable life. His “Mum” worked very hard, managing two jobs, caring for others through her medical practice.



In my estimation, John Amaechi’s SSA is a result of:

- 1 – Profound father wound
- 2 – Persistently abusive grandfather
- 3 – Over attachment to mother
- 4 – Hypersensitive temperament
- 5 – Body-image wounds
- 6 – Male peer wounds

There was paternal and male peer rejection, excessive female attention, and a sensitive boy unable to navigate his way in the world of men. From the age of 17, as a 6’ 8” young man, John was discovered by a basketball scout while living in England. Through intense practice and excellent coaching, for the first time in his life, John began to gain a sense of value. Finally, John felt a sense of belonging and acceptance amongst his peers. Basketball gave John a sense of self-esteem. Until then, he was a fatherless, “overweight,” “misfit,” sensitive, non-athletic “nerd.” Unfortunately, John never dealt with the core wounds that created his SSA, never reconciling his father, grandfather, and male peer wounds. This became more apparent when reading John’s account of his relationships with men in the NBA, how awkward and ill-at-ease he was in the locker rooms with the other players. To this day, John does not like his body and always keeps his shirt on while in the presence of others, a direct result of being called derogatory names in gym and swim class, such as “whale!”

John’s SSA grew from those aforementioned experiences, as well as his inborn temperament of sensitivity. Because the world does not understand the true meaning of SSA, John was led to believe that he was born “gay.” John is an intelligent, sensitive, and insightful man. He was never offered the correct information about why he experienced homosexual desires in the first place. For a more in-

depth evaluation of why I believe John experiences SSA, please visit www.ChangeIsPossible.com and click on Newsletters: Spring 2007.

Kevin Jennings

“I become ‘Mamma’s boy,” which is, of course, the worst thing any self-respecting Southern male child can be. I can’t remember a time when that wasn’t my name. So I guess there was never a time when I felt like I was a normal boy” (xii).

Today, Kevin Jennings is the Safe School Czar for the U.S. Department of Education (official position: Assistant Deputy Secretary, Office of Safe and Drug Free Schools), and he is basically in charge of homosexualizing public schools in America! In his autobiography, *Mama’s Boy, Preacher’s Son* (Beacon Press, 2006), we witness another typical profile of how a sensitive boy developed SSA.

Basic causes of Kevin Jennings’s SSA:

- 1 – Emotionally detached from his father, his role model of masculinity
- 2 – Over-attached to his mother, identifying more with her feminine nature
- 3 – Constant abuse from his older brothers, further disconnecting Kevin from his masculinity
- 4 – Unending mockery from boys at school and in the neighborhood, reinforcing negative masculine identification
- 5 – Religious pathology regarding SSA, constant judgment, causing increased shame and guilt for his SSA feelings, feelings that were merely a symbol of his inner turmoil and unmet needs for healthy masculine love
- 6 – Lack of protection from male teachers and school administrators, increasing masculine wounding
- 7 – Hypersensitive temperament, a beautiful characteristic given by God, yet became a curse because of the unsympathetic environment in which he lived

Kevin’s dad was an angry man, and his “spankings were painful, always featuring his black belt” (p. 50). As a pastor, his father preached “hell and damnation.” Kevin’s father died on his 8th birthday. At the funeral service his mother fainted and Kevin began crying. His older brother Mike barked, “Don’t cry. Be a man. Don’t be a faggot” (p. 19). Kevin stopped crying and learned that being a man meant never showing his emotions, even at his father’s funeral. “Any male who deviated from those standards had a name. That name was *faggot*. That would be me” (p. 19). From Kevin’s brothers he learned: “When people get angry they hit you” (p. 69). He lived in fear of reprisal, while name calling and teasing throughout his childhood was the norm.

Kevin experienced a tormented childhood and a hypersensitive temperament that made his life experiences all the more punishing. He was teased, mocked, and traumatized by his father, older brothers, male cousins, sometimes his mother, and boys at school and in the neighborhood. He did not have the internal strength to fight back; therefore, he internalized all their negative messages. He always felt shameful of: (1) his same-sex attraction, (2) being an “unwanted child,” (3) thinking he

killed his father (Kevin asked his dad to go swimming at the Y on his 8th birthday, and his father had a heart attack and died after taking a dive in the pool!), (4) thinking that he might kill his mother (if he upset her too much), (5) being non-athletic, and (6) being a “geek” because he loved learning and was mocked for this by his peers.

We can easily see why Kevin went on to found the Gay Lesbian Straight Education Network (GLSEN) in order to protect SSA boys and girls in public schools. From elementary through high school, he was continuously mocked: “faggot,” “queer,” “sissy,” “teacher’s pet,” “nerd,” and since he was non-athletic, he was the last one picked for teams in gym class. He was often terrorized on bus trips to and from school (some years, one hour each way), and he was traumatized by boys after getting off the bus.

Gym class was always traumatic, as Kevin was incessantly teased and mocked. His teachers didn’t defend or protect him. Mr. Cultrou, his gym teacher in middle school, saw Kevin looking at another boy in gym class and screamed out in front of everyone, “Stop looking at his legs” (p. 58). Kevin froze while the entire class stared at him. He was publicly humiliated. “I sat there, the eyes of the world fixed on me, burning with shame” (p. 58). “Whether it was intended or unintended, the chief consequence of Mr. Cultrou’s auto-da-fe of my young soul was that the campaign of harassment by my peers now blossomed into full flower, seemingly endorsed and blessed by a teacher” (p. 59). Kevin went to the school guidance counselor for help and he did nothing. This pained young boy would later found GLSEN and become the Safe School Czar for the U.S. Dept. of Education! He’s certainly showing them who’s the boss by teaching all children that people are born with SSA and therefore cannot change, his misguided way of defending himself and others like him.

After graduating from Harvard and becoming a high school history teacher, Kevin learned about a junior high school student, Robbie, who shot himself in the head after experiencing years of taunting and teasing because of his SSA. “I found myself wanting to find every Robbie in the country and tell him it would be okay, to hang on, that school was the worst part and it would be alright when you got out and could make your own path in life. I started thinking that I needed to view every lesbian, gay, bisexual, and transgender child as if they were *my* children and fight for them as ferociously as parents like Leslie had fought for theirs” (224). Kevin has become the voice for the voiceless; however, he has not healed his own wounds as he fights for others.

Kevin was born on May 8, 1963 and is now 46 years old. If you see a photo of Kevin today, or catch him on TV, you would think that you are looking at a man in his 60s. There may be several reasons for this—unresolved issues from his past, and/or health issues related to homosexual behavior. His appearance is saddening. From “trailer trash,” to Harvard, to history teacher, this brilliant and sensitive man is hurting, and hurting others by propagating false claims about homosexuality. Kevin’s heart is in the right place, but he lacks a truer understanding of what drives his and others SSA.

Conclusion

From looking at the lives of Rosie O’Donnell, Melissa Etheridge, Greg Louganis, John Amaechi, and Kevin Jennings, we clearly see why they developed SSA through no fault of their own. People are *not* born with SSA. The chart below shows the many similarities in their backgrounds. It is obvious that there are predictable causes for same-sex attractions, and therefore a plan for healing and reconciliation—to be discussed by further lessons on our blog.

My heart breaks for each one of these men and women. I cried many tears reading their autobiographies. They are my brothers and sisters, and I love them with all my heart. There is no

longer any reason why men and women who experience SSA must suffer like they have. We have the answers, and a happy, fulfilling life without SSA is possible for all!

WHY WE BELIEVE THEY HAVE SSA

	1 LACK OF BONDING WITH SAME-GENDER PARENT	2 OVER ATTACHED TO/OR WOUNDED BY OPPOSITE-GENDER PARENT	3 HYPER-SENSITIVITY	4 SIBLING WOUNDS	5 SEXUAL ABUSE	6 BODY-IMAGE WOUNDS	7 SAME-GENDER PEER WOUNDS	8 ADOPTION OR DEATH OF A PARENT	9 SOCIALIZATION INTO "GAY" MYTHOLOGY
ROSIE O'DONNELL	✓	✓	✓		✓	✓		✓	✓
MELISSA ETHERIDGE	✓	✓	✓	✓	✓	✓	✓		✓
GREG LOUGANIS	✓	✓	✓			✓	✓	✓	✓
JOHN AMAECHI	✓	✓	✓			✓	✓		✓
KEVIN JENNINGS	✓	✓	✓	✓		✓	✓	✓	✓

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All these men and women have similar causes for their SSA, further demonstrating that same-sex attraction is an acquired condition.

Action Step No. 5: Stop bullying today!

How sad and painful that these SSA men and women, and millions like them, have experienced bullying and harassment throughout their childhood and well into adulthood. They never chose to have same-sex attractions. *Bullying is wrong and must be stopped.*

We need to protect everyone who experiences same-sex attractions. This is our moral imperative. Please stop anyone who speaks or acts in a disparaging way towards those with SSA. Whenever you hear someone speak out of ignorance, you may say, "Excuse me. That really hurts when you say such things. I have learned that people are not born with same-sex attractions, nor do they choose to have those desires. Please be more compassionate and understanding. I am sure you wouldn't want anyone to speak that way about you or your loved ones. Thank you."

That is our task: turn tragedy into triumph by spreading the truth about SSA with love. When the topic of homosexuality arises, wherever you happen to be—at the post office, library, school meeting, sharing with a neighbor, family, or friends—set folks straight:

- No one is born with SSA
- No one chooses to have SSA
- Change is possible

**Let us protect and defend these sensitive souls. Let us be *their* voice. We are *their* family.
Let us love them to life!**

For more information, visit our website: www.ChangeIsPossible.com

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October 30, 2009

Lesson VII: Causes of Same-Sex Attraction

Same-sex attractions (SSA) are always the result of many contributing factors. It is never one issue alone that creates homosexual feelings in children, adolescents, or adults. There is always a constellation of experiences and characteristics that lead an individual to experience SSA.

Groups like Parents and Friends of Lesbians and Gays (PFLAG), Human Rights Campaign (HRC), and Gay Lesbian Straight Education Network (GLSEN) are teaching that people are born with SSA and therefore cannot change. This is scientifically incorrect; this is false teaching. Through a strategic campaign of over forty years, the homosexual rights movement has promoted these myths to gain public acceptance.

The Real Facts about Homosexuality

Education is everything. Knowledge is power. Before describing the ten contributing causes of SSA, here are three well-documented facts about homosexuality:

1 – No one is born with SSA.

There is no compelling scientific evidence that anyone is determined from birth to have SSA. There is no conclusive scientific data that proves there is a simple biological, genetic, or hormonal cause for homosexuality.

2 – No one chooses to have SSA.

Same-sex attractions are the result of unresolved childhood wounds and unmet needs for love. Homosexual desires arise from a combination of temperamental, environmental, and psychological issues.

3 – People can choose to change and come out straight.

Research demonstrates that change is possible. Men and women all over the world have made the change from homosexual to heterosexual. Since no one is born with SSA, change is always possible.

Ten Causes of Same-Sex Attractions (SSA)*

The following is a list of ten factors that may lead an individual to experience SSA. The sum is greater than the parts. A confounding of experiences and characteristics cause SSA, never a single factor alone. Parents do not create SSA in their children. It is the child's perception of the parenting and their innate temperament, e.g. hypersensitivity, which makes the difference. To see how these factors interact and create SSA in children and adolescents, read **Stories of Healing** by clicking on the category to the right.

1. Heredity

- Unresolved family issues
- Misperceptions
- Tendency to feel rejected, not belonging

2. Temperament

- Hypersensitive
- High maintenance
- Artistic Nature
- Gender non-conforming behaviors: Male more feminine; female more masculine

3. Hetero-Emotional Wounds

- Over-attachment to the opposite-sex parent
- Imitation of opposite-sex behavior(s)
- Neglect or abuse

4. Homo-Emotional Wounds

- Detachment from the same-gender parent
- Neglect: lack of relationship with same-gender parent
- Abuse: verbal, mental, emotional, sexual, physical

5. Sibling Wounds / Family Dynamics

- Birth order
- Abuse: verbal, mental, emotional, sexual, physical
- Name calling, put downs

6. Body Image Wounds

- Late bloomer
- Shorter/taller — Skinnier/heavier
- Lack of eye-hand coordination
- Physical disabilities

7. Sexual Abuse

- Homosexual imprinting
- Learned and reinforced behaviors

- Substitute for affection and love

8. Homo-Social Peer Wounds

- Name calling
- Teacher's pet
- Non-athletic
- Boys: no rough and tumble
- Girls: too much rough and tumble

9. Cultural Wounds

- Internet, media entertainment, and educational system promote homosexuality
- Pornography

10. Other Factors

- Divorce
- Death
- Adoption
- Religion

* Referenced from *Coming Out Straight*, Richard Cohen, pp. 28-53.

*The severity of wounding in each category will have a direct impact upon the amount of time and effort it will take to heal. In **Coming Out Straight**, there is a successful four-stage protocol about the process of change. In **Gay Children, Straight Parents**, there is a twelve-step model for parents, family members, and friends to help their SSA loved ones heal and reclaim their innate heterosexual potential.*



Action Step No. 4: Love in the Truth. *Love is the answer* is the mantra of homosexual organizations. This is half true. We need to love all people while understanding the facts about SSA—*no one is born this way, no one chooses to have SSA, and change is possible.* Please love all SSA persons to life by helping them fulfill their innate heterosexual potential. Knowledge is power. Education is essential for progress. When we understand what causes

a person's SSA, we may love them in ways to heal their wounds and fulfill unmet needs for love. This is real love: Heterosexual men please embrace SSA men; heterosexual women, please embrace SSA women. They need you! They are looking for love, generally, in all the wrong ways. Step up to the plate, be the solution. Practice real love.

For more information, visit our website: www.ChangeIsPossible.com

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October 23, 2009

Lesson VI: Meaning of Same-Sex Attractions

Homosexuality is a learned behavior

The American Psychological Association stated, "Although much research has examined the possible genetic, hormonal, developmental, social and cultural influences on sexual orientation, no findings have emerged that permit scientists to conclude that sexual orientation is determined by any particular factor or factors" (Answers to Questions for a Better Understanding of Sexual Orientation and Homosexuality, 2008). Dr. Francis Collins, Director of the National Institutes for Health (NIH) and former Director of the Human Genome Project, stated they found no homosexual gene. Furthermore, there is no medical DNA test that identifies SSA in male or female children. Since people are not born with same-sex attractions (SSA), what is the meaning behind these desires? This week we will describe the forces that drive SSA. Next week we will discuss the ten potential causes of SSA in men and women.

Meaning of SSA in Men & Women

1. Homosexuality is a symptom of:

- Unhealed wounds of the past (ten potential causes)
- Unmet needs for love
- Reparative drive to fulfill homo-emotional and homo-social love needs

Homosexual feelings, thoughts, and desires are symptoms of underlying issues. They may represent a way to medicate pain and discomfort. They also represent unresolved childhood trauma, archaic emotions, wounds that never healed. Ultimately, they represent a reparative drive to fulfill unmet homo-emotional (bonding with same-gender parent) and/or homo-social (bonding with same-gender peers) love needs. Dr. Elizabeth Moberly coined and Dr. Joseph Nicolosi further developed the term homo-emotional reparative drive. "Reparative drive" means seeking to fulfill basic love needs that went unmet in early childhood and pre-adolescence. After puberty, those bonding needs became sexualized. Then the world says, "You're gay," but this is not true. They are misinterpreting basic needs for love which went unmet in early years of psychosexual development.

2. Homosexuality is essentially an emotionally based condition:

- Need for same-gender parent's / same-gender peers' love
- Need for gender identification
- Fear of intimacy with members of the opposite sex

Most case histories demonstrate that homosexual thoughts and feelings originate in preadolescent experiences. Therefore, it is basically a nonsexual condition. SSA men are seeking either their father's love and/or same-gender peers' love in the arms of other men. This represents an unconscious drive for bonding. Furthermore, since there was insufficient bonding between the boy and his dad and/or same-gender peers, he seeks in other men a sense of his own masculinity or gender identity which was never established, or established insufficiently, in the early stages of child development. This process applies to girls as well—detached from their moms and perhaps other girls, then after puberty they seek to bond with women in order to obtain that lost feminine love and affirmation. Read rock star Melissa Ethridge's autobiography, *The Truth Is*, for a graphic description of one who never tasted her mother's love and acceptance, and then sought that love in the arms of other women. Finally, many SSA men had an abnormally close attachment with their mothers, and many SSA women were overly attached to their fathers. This distorts their normal growth into manhood or womanhood and sense of gender identity—boys become internally feminized and girls masculinized. Additionally, many SSA women have been deeply abused by men and thus seek affection in the arms of women.

3. Homosexuality is a Same-Sex Attachment Disorder (SSAD)

- Detachment from same-gender parent
- Detachment from same-gender peers
- Detachment from one's body
- Detachment from one's own gender



Same-Sex Attachment Disorder (SSAD)

SSA represents an attachment strain from the same-gender parent and/or same-gender peers. When a boy doesn't bond with his dad and/or bond with other boys in pre-adolescence, he will experience detachment from his own gender and his own body. When his same-sex attractions begin, he may spend the rest of his life seeking to fulfill those basic bonding love needs by joining with someone of the same gender. However, sex will never satiate his core love needs because they originated in early childhood, and children do not want or need sex. They just need to be loved for who they are. This same process applies to girls—lack of bonding with mom and/or other girls leads to detachment from those of the same gender and her own body. This sets her up to seek love in the arms of women once her SSA occurs. Therefore, the search for self-gratification by joining with someone of the same-gender represents a Same-Sex Attachment Disorder (SSAD). Rather than being something "gay," this is a SSAD condition. The unconscious drive for bonding with the same-gender parent and/or same-gender peers, seeking gender identify in the arms of someone of the same sex, and perhaps fearing intimacy with the opposite gender all drive the homosexual condition. For a more detailed description, please read *Coming Out Straight*, or listen to the updated and revised edition on CD.



For More Info Click Here:

<http://www.gaytostraight.org/BooksCDsandMore.asp>

Next week we discuss the ten potential causes of same-sex attractions, further identifying what drives homosexual feelings, thoughts, and behaviors in men and women.

Action-Step No. 3: Spread the truth about SSA, explain to your family, friends, colleagues, fellow students, all those you come in contact with about the truth of same-sex attractions—No one is born this way; No one chooses to have SSA; Change is Possible. Educate them that this is simply an unconscious drive for love, men seeking to heal father and/or male peer wounds, and after adolescence, those normal needs for bonding and connection became sexualized. But the true solution is experiencing healthy, same-gender love with straight guys. And the same holds true for women with SSA. They need to experience healthy feminine love from straight women. This is the revolution of love—stopping homosexuality at its core. We are the solution! Spread the truth with love.

For more information, visit our website: www.ChangeIsPossible.com

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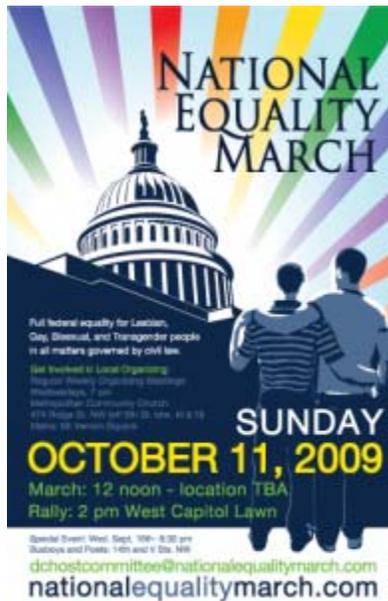
October 16, 2009

Lesson V: Homosexual Movement Demands Equality

President Obama addressed the Human Rights Campaign fundraising dinner on Saturday night at the Washington, D.C. Convention Center. “I will end ‘Don’t Ask, Don’t Tell.’ That’s my commitment to you,” he stated. “We should not be punishing patriotic Americans who have stepped forward to serve this country.” Indeed, he is correct; people should not be punished for their selfless acts of courage. He also promised to repeal DOMA (Defense of Marriage Act), a federal law which states marriage is between one man and one woman.

In case you did not see it on the news, thousands of homosexual men and women, along with celebrities, gathered at the Capitol on Sunday October 11th to demand equal rights in all aspects of life. “We’re not settling,” said Cleve Jones, co-chair of the march, “There’s no such thing as a fraction of equality. We want equal protection under law.” The purpose of the march was to impress upon

congress the demands of homosexual persons. As they paraded past the White House, demonstrators chanted, “President Obama: Let mama marry mama!” and “L, G, B, T. We demand equality!”



On November 3, Maine is holding a referendum for voters to decide if homosexual marriage should be legal. Five other states in the USA have legalized homosexual marriage, but none has done it by popular vote! Homosexual activists do not want the majority to rule, so they take this issue into the courts or legislative bodies. Washington, D.C. city council is about to pass homosexual marriage, and have insured that people in the District will not get to vote on this issue.

The President has nominated Chai Feldblum, a lesbian activist and law professor at Georgetown University, to be commissioner for the Equal Employment Opportunity Commission. If approved by the Senate, she will join dozens of other Obama homosexual appointees who now run major governing bodies in our federal government.

This week the Senate passes ENDA (Employment Non-Discrimination Act) and the President has promised to sign it into law. Many are calling this the “Thought Crime” act, since speaking out against homosexual behavior may now be a federal crime! I hope we are permitted to continue our healing ministry and this blog! Stay tuned for further developments as Big Brother decides who is allowed to say what, where, and when!

Let us say it loud and clear: Prejudice is wrong 100% of the time!

Let us say it loud and clear: No one is born with same-sex attraction (SSA), and change is possible!

Homosexual activists intentionally confused politicians and public opinion by coaching the homosexual issue into the guise of human and civil rights. They have done this because of discrimination. However, we need to love them simply because they are us, and we are them, our brothers, sisters, children, parents, friends, co-workers, teachers, and friends.

This is NOT a political or human/civil rights issue, it is a psychological and moral issue. When someone experiences SSA, it means past wounds have not been healed or they have not sufficiently experienced healthy same-gender love. Homosexual behavior is a search for love which masks unconscious pain.

We need to defend and protect all people who experience SSA, whether they chose to live a homosexual life or seek change and come out straight. We need to stop all forms of bigotry and discrimination in all walks of life. The solution is not enacting special legislation. ***We are the solution.*** Wrap your arms around these sensitive, wonderful, and needy men and women, and listen to their stories, and help to meet their needs for love in healthy, same-gender non-sexual relationships.

Action-Step No. 2: Separate human/civil rights from the phenomenon of same-sex attraction. Making homosexual persons a minority class was the construction of “gay rights” activists. This is a misnomer; it is scientifically and scripturally inaccurate as no one is born with SSA. Stop saying, “Gay marriage,” or “Same-sex marriage.” Always say, “Homosexual marriage.” That makes the gut twinge a bit more, and better defines the arrangement of two people engaging in homosexual behavior. “Gay marriage” or “same-sex marriage” sounds and feels pleasing and almost normal; when you say “homosexual marriage,” the psyche cringes, and so it should! Be the solution, practice real love, embrace those with SSA without endorsing their behavior.

For more information, please visit our website: www.ChangeIsPossible.com

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October 7, 2009

Lesson IV: Homosexuality Today

Now you have learned that the homosexualization of America did not happen overnight. It was a well organized and financed campaign by brilliant strategists carried out with exquisite precision and passion. Since the late 1960s, “gay” activists fought long and hard to achieve the full acceptance of homosexuality. Again, the early militants knew full well that people were not born with SSA but used this false concept to turn prejudice into “gay pride” and ultimately total acceptance of homosexuality by the general population.

Last time we discussed how homosexual strategists usurped scientific theories and religious doctrine in expectation that public acceptance of homosexuality would soon gather momentum. From 1973, when the American Psychiatric Association removed homosexuality from the Diagnostic and Statistical Manual of Mental Disorders (not based on science, but political pressure), the homosexual spin masters used this to broadcast that scientists now believed homosexuality was “normal” and natural. Other psychological associations followed, and soon therapists were encouraged to help anyone with SSA accept their homosexuality and help their families to do the same. It is interesting to note that most psychiatrists and therapists, in the 1970s, believed that homosexuality was a psychological disorder but felt compelled to remove it from the DSM based on sympathy because of the social prejudice that SSA men and women were facing in their daily lives. Politics trumped science!

Next the media began to broadcast the glories of homosexuality on television, newsprint, radio, and movies. Everywhere you turned was another reference to the normalcy of homosexuality. Celebrities endorsed homosexual persons and their relationships, making anyone who disagreed instantaneously hateful. All of sudden, traditional biblical views against homosexual behavior were suspect. One was

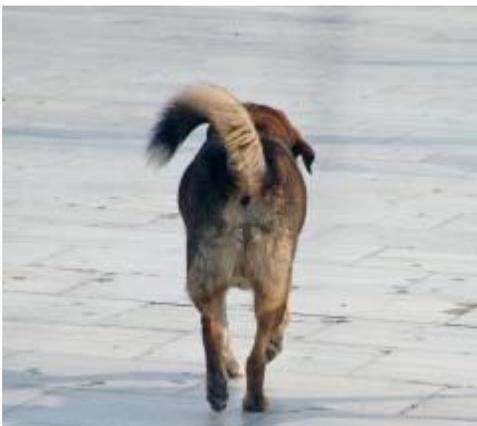
labeled “homophobic” if they didn’t endorse homosexual behavior. This is incorrect because a phobia is an irrational fear of something, but being in disagreement of the behavior is not.

With the invention of “innate immutable” (born with SSA and cannot change) and “homophobia,” the line of distinction between a homosexual person and homosexual behavior no longer existed. The concept of behavior and the person would from that time on become blurred: “We are born gay; it’s not just what we do, it’s who we are.” This false concept has made its way into the fabric of our culture. Most people now believe, “They are born that way.” Again, this is scientifically and scripturally false.

Homosexuality in Education and Politics

The plan to homosexualize the United States of America has now made its way around the world. By taking over the psychological and medical associations, to religious institutions of all faiths, to media and entertainment industries, their final triumphs came by influencing public opinion through the educational system and the political arena. Homosexual activists have been working within the educational system. Many homosexual teachers, aided by well-seasoned “gay” operatives, began to stand up and demand their voices be heard in the educational system by students from kindergarten through high school, onto college and universities. Homosexual clubs now exist on college campuses throughout the nation, and GSAs (Gay Straight Alliances) in middle and high schools. As early as kindergarten, children are being indoctrinated into the “innate immutable” lie, again employing communist theory: repeat a slogan long and loud enough and soon everyone believes it true. Health curricula in middle and high schools are teaching our children that people are “born gay,” and that’s that.

The politicalization of homosexuality by relentless homosexual activists has achieved remarkable results over the past decades. Lambda Legal Defense lawyers (a multimillion dollar litigious homophile organization) work on the community, state and federal levels to sue and enact special legislation to legitimize homosexual behavior. The Human Rights Campaign (HRC), a political action committee, has 150 full-time staff members in their multimillion dollar building located in Washington, D.C., and have thousands of volunteers in every state throughout the nation working on all levels of government to push for “special” homosexual rights. HRC’s annual budget is somewhere between \$20-\$30 million dollars! These are just two homosexual organizations working tirelessly to change public opinion, overthrow traditional values, and enact homosexual legislation. Their power is formidable. Every candidate, Republican and Democrat, must address the homosexual issue. The homosexual “minority,” research shows, is about 2-3% of our population. ***The tail is wagging the dog!***



In the fields of science, religion, media, education, and politics, homosexual activists work day and night to achieve their goal of total acceptance. It is a locomotive moving full speed down the mountain. And where will it end? Self-destruction! Why? Because **no one is born with SSA, no one chooses to have SSA, and change is possible**. The architects of the homosexual movement set out to achieve both self and public acceptance, however, their movement was built upon a faulty foundation: one pillar holding up the building → born with SSA; the other pillar holding up the building → we cannot change. Since the creators of the homosexual movement knew full well that these concepts were false, eventually the truth will come out and the building *will* crumble.

The Bigger Picture

These sensitive SSA men and women needed protection, acceptance, understanding, and love. Instead they were ostracized for feelings they never chose. They were judged by their own families, friends, churches, and communities. Often, they lost their jobs, were kicked out of their homes, and humiliated at school and in their places of worship, all because they experienced same-sex attractions. It was and is not fair for anyone to receive persecution for having SSA.

SSA men and women are in need of compassion, and left to their own devices, this powerful movement will self-destruct. Homosexual behavior often yields STDs, HIV and AIDS, as well as other physical health problems because of unsafe sexual practices. ***They may get everything they want via legislation, but it will never be what they really need.*** They engineered a brilliant plan based on lies to gain acceptance. They did their best because religious and social institutions failed to provide protection and solution.



Action Step No. 1: Most persons with SSA are emotionally and mentally wounded, hungry for love, and indoctrinated into the homosexual lie (we are born this way and cannot change). Therefore, *never say*, “I love you but not your homosexual behavior,” or, “I love you but not your homosexuality.” In other words, “separating the sin from the sinner.” This does not work with someone who is “gay” identified because they cannot separate their behavior from their being. *Remember, to them, being “gay” is who they are, not just what they do.* Therefore, *I recommend that you say*, “I love you just as you are.” Don’t worry if they misinterpret this to mean that you condone their behavior, that’s their issue not yours. Should they ask you if you have changed your belief about their SSA and now accept they are born this way, smile and say, “No!” This is *unconditional love*, caring for the person while disagreeing with his or her choice of behavior. (More action steps to help effect change to follow.)

We cannot fault the architects of the homosexual movement. They were pained and desperately seeking love. They were failed by the social institutions who should have embraced and protected them. Now, we must prepare to embrace them with all our hearts and minds, and with our arms wrapped around their sensitive souls. It is up to us, the informed about the truth of SSA, to create a new place for them in our families, communities, churches, and social institutions. Join with us on this journey to form a new and more perfect union combining both love and truth in equal measure.

For more information, please visit our website: www.ChangeIsPossible.com

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October 2, 2009

[Lesson III: Homosexuality 101](#)

The architects of the “Gay Rights Movement,” as purported in the Homosexual Manifesto, *After the Ball*, knew full well that science did not prove people are born with same-sex attraction (SSA) nor did scripture condone homosexual behavior. In order to change public opinion, from rejection to acceptance, they spun lies by spreading a false ideology of homosexuality—born with SSA and cannot change. *Marxism taught, say anything loud and long enough and people will believe it!* To influence the greater population, they chose a full-out frontal attack on scientists and therapists (regarded as modern day prophets) and the religious community (influencing the spiritual lives of millions). In this way, their message would spread more quickly.

Through a well-crafted strategic plan within psychological organizations and religious institutions, homosexual activists helped create a new world paradigm: *politically motivated psychology and revisionist theology*. Our psychological organizations and religious institutions fell prey to social activism in the name of “tolerance, diversity, and equality,” the homosexual mantra. These activists cunningly used the platform of civil and human rights to trump science and religion.

People of faith failed to offer hope and healing to those who experienced SSA. Instead of apologizing for their wrong-doing—name calling, inappropriate behaviors, and condemnation—they caved in and threw out the baby with the bathwater by revising their views of scripture and tradition. Equally guilty were those in the medical and psychological communities. Instead of offering wise counsel and successful therapies for those with SSA, they drank the kool aid and agreed to ignore 100 years of scientific research that documented homosexual desires stem from specific psychological, environmental, and temperamental origins. Furthermore, they chose to ignore over 600 research studies and journal articles which unequivocally proved that people change from homosexual to heterosexual. The pursuit of effective treatment for those with SSA in the psychological community, and true ministry to those who experience SSA in religious institutions, was abandoned.

Today most “well-educated” people bow to the demands of homosexual activists. They wield tremendous political and financial power, influencing every aspect of our social lives. Instead of truly helping SSA men and women achieve their innate heterosexual potential, most people are condemning them to a life of suffering and pain by accepting homosexuality as innate and immutable (their false ideology—born that way and cannot change).



Homosexual activists may get what they want, but it will never be what they truly need. Here are the reasons why:

Real Facts About Same-Sex Attraction

- 1 – No one is born with same-sex attraction (SSA).
- 2 – No one chooses to have same-sex attraction (SSA).
- 3 – People can change from homosexual to heterosexual.

Firstly, there is no substantial scientific evidence demonstrating that people are born with SSA. The American Psychological Association stated in 2008, “Although much research has examined the possible genetic, hormonal, developmental, social and cultural influences on sexual orientation, no findings have emerged that permit scientists to conclude that sexual orientation is determined by any particular factor or factors” (*Answers to Questions for a Better Understanding of Sexual Orientation and Homosexuality*, 2008). Dr. Francis Collins, Director of the NIH (National Institutes for Health) and former Director of the Human Genome Project, stated they found no “gay” gene. Furthermore, there is no medical DNA test that identifies homosexuality in male or female children.

What you have heard in the media are spin misters touting false studies—more like political science than real science—trying to convince an unknowing world that people are born this way. But, in fact, biologically men and women fit together; they are made for each other. We are heterosexually designed. Two men or two women simply do not fit together or procreate naturally.



Secondly, no one chooses to have SSA. Those desires are always the result of psychological, environmental, and temperamental factors, some of which may be: a sensitive boy doesn't sufficiently bond with his dad, becomes over-attached and identified with his mom, often feels more comfortable with girls, and cannot relate well with his male peers. The same may hold true for the girls: insufficient bonding with mom, over-attached or identified with her dad, more comfortable with guys, can't relate well with other girls, and/or is often abused by men. These are just a few of the factors that may lead to the development of SSA in men or women. To state that people are born this way is damaging and false. For the ten potential causes of SSA, please click on the "Causes of Same-Sex Attraction" on the right hand column.

Thirdly, over 100 years of scientific studies and research have shown that SSA men and women have come out of homosexuality and fulfilled their heterosexual potential. This fact is undisputable. You may click on "Stories of Healing" to read wonderful tales of transformation from men and women who came out straight. *Change Is Possible!* Anyone who says to the contrary is misinformed. *The best evidence to disprove a theory is experience.* Men and women who once experienced same-sex attraction have come out straight and are living their heterosexual dreams!

There is no such thing as a homosexual (as a noun), only heterosexual men and women who experience same-sex attraction. Again, SSA is the result of unhealed wounds from past and unmet needs for love. All homosexual behavior is an attempt to resolve or reconcile deficits of love with members of the same-gender (an unconscious pursuit of bonding with the same-gender parent and/or peers). Those deficits originated in early infancy and/or pre-adolescence. Babies and children do not want sex. They need unconditional love to heal their hearts. That is why affirming homosexual identity and behavior is counter to the ultimate potential of these beautiful and sensitive men and women. The greater problem is that "gay" identified men and women are completely unaware of these facts. Most people who experience SSA have been indoctrinated into the homosexual ideology of born this way and cannot change. From now, it is up to us to begin an active campaign of re-education, this time, sharing and speaking the truth in love.

Please check out our website: www.ChangeIsPossible.com.

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September 25, 2009

Lesson II: History of the Homosexual Movement – Part II

Homosexuality is promoted in every aspect of our lives:

- 1) Educational System—teaching young children from kindergarten through twelfth grade that people are born with same-sex attraction (SSA) and therefore cannot change.
- 2) Religious Institutions—many ordain active homosexual persons and bless homosexual couples.
- 3) Media—movies, television, radio, and newsprint endorse and promote homosexual behavior as just another form of sexual expression.
- 4) Science—influenced by “gay” activists within their respective organizations, where the tail is wagging the dog, loud activists dictate public policy in the name of science; *The Emperor’s New Clothes* tale is told at each conference, “people are born with SSA and cannot change,” and anyone who dares to speak otherwise is ostracized and often kicked out of their clubs!

How did this come to be? As mentioned last week, homosexual men and women experienced persecution and prejudice because of feelings they never chose in the first place. Still they were often tormented by family, friends, peers, and those in the religious community.

For the most part, pre-1970s, the religious community, educational system, political institutions, and media judged those with SSA without offering any hope for healing. “You’re sinful,” “You’re bad,” “You’re unacceptable,” and that was that. SSA men and women were forced to find and create safety, some semblance of sanity, and self-respect. In order to achieve this on a national and global level, the “Gay Rights Movement” was born. The spark that lit the fire is known as the Stonewall Inn Riots of June 1969. A group of homosexual men and women fought back when police raided their bar, the Stonewall Inn, located in Greenwich Village, New York City. On the coattails of the Civil Rights Movement, “Black and Proud,” homosexuals finally stood up and created “Gay Pride.”



From that time many LGBT (lesbian, gay, bisexual and transgender) national organizations began to spring up: National Gay and Lesbian Task Force (NGLTF), Human Rights Campaign (HRC), Lambda Legal Defense Fund, Gay & Lesbian Alliance Against Defamation (GLADD), Parents & Friends of Lesbians and Gays (PFLAG), Gay Lesbian Straight Education Network (GLSEN), and many more. With large disposable incomes—most homosexual men and women do not have children to support and generally have higher paying jobs—they made plans to turn prejudice into pride and acceptance.

Strategy to Homosexualize the World

Commonly referred to as the “**Homosexual Manifesto**,” *After the Ball* was authored by two homosexual Harvard graduates in neuropsychiatry and social-marketing. They constructed a blueprint to homosexualize our nation and world. Understanding that prejudice is an emotion derived from our parents’ views and public opinion, they mapped out a public relations propaganda campaign to promote the acceptance of homosexuality using social marketing principles and media strategies. If you would like a 16-page outline of their book, please email our office at: ihfinfo@changeispossible.com. The strategies mapped out in this manifesto are both shocking and brilliant.

Over the past three decades, the homosexual movement has achieved most of their goals. Today, they continue to falsely align the promotion of homosexual behavior with civil and human rights. ***Whoever frames the debate wins the debate.*** By bringing the issue of homosexuality, and the practice of homosexual behavior, out of the scientific and religious realm, and into the arena of civil and human rights, they have gained tremendous success. (In future blogs, we will teach you how to win arguments and successfully stand your ground when discussing the homosexual issue with any self-identified “gay, lesbian, bisexual, or transgender” person.)



David vs. Goliath

On March 29, 2002, *The Washington Blade*, our nation's Capital homosexual newspaper, published a story on page 20: "The money behind the movement." They listed the combined budgets of major "gay rights" organizations, totaling over \$100,000,000! That was almost eight years ago. With the advent of homosexual marriage and other special legislation, along with inflation, that amount has exponentially increased.

If you combine the annual budgets of all PATH members—**Positive Alternatives To Homosexuality**, an international coalition of seventeen organizations helping those with unwanted SSA and their loved ones (www.pathinfo.org)—it amounts to approximately 1-2 million dollars! Certainly a David and Goliath battle indeed.

Most people thirty-five years of age and younger, and many over thirty-five, have been indoctrinated into the homosexual myth—born with SSA and cannot change. This is scripturally and scientifically FALSE. However, with a strong propaganda machine backed by an annual budget of over \$100,000,000 dollars, "gay rights activists" have influenced generations.

How can we turn this around? How can we bring sanity and reason, balanced with love and truth, to restore hope and wholeness to those lost to lies? Please journey with us on this *Revolution of Love* as we offer simple solutions that will create lasting change for our children, community, churches and culture.

Visit our website at www.ChangeIsPossible.com

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June 15, 2009

[Revolution of Love](#)

We love all people — homosexual, heterosexual, and in between. Furthermore, we thank all the homosexual activists who have given of themselves to bring this issue out of the closet and into the forefront of public awareness. Without their guts, courage, and determination, many lives would have been lost. With all our hearts, and with all our souls, we thank you. We salute you. We applaud you.

Now is the time for healing! We at the International Healing Foundation (www.ChangeIsPossible.com) believe that it is time to stand up with our homosexual brothers and sisters and proclaim a day of love, a day of truth and a day of reconciliation. Many who experience same-sex attraction (SSA) are content to live their lives following their passions. That is their inalienable right. On the other hand, there are those who experience unwanted SSA and do not wish to live a homosexual life. We at IHF are here to love and support you, and to show you how *Change is Possible*.

The purpose of our Revolution of Love blog is to bring forth a new message of hope, healing and reconciliation. For those with unwanted SSA, for their parents, siblings, relatives, and loved ones, we have wonderful, successful programs that have helped thousands worldwide heal and fulfill their heterosexual dreams.

Now, we will translate those successful protocols into simple action steps for the entire community to set love in order and heal the homosexual rift which is tearing at the seams of our culture. By utilizing these action steps – steps of love - all the political and religious conflicts will be resolved. It may sound impossible, over-simplified, or too fantastic, but we promise it works if you learn to love those with SSA the right way.

Richard Cohen came out of homosexuality and has been married to his wonderful wife for over 27 years with three beautiful children. As a psychotherapist, he has helped thousands of SSA men and women throughout the world fulfill their heterosexual potential. He has assisted thousands of parents in reconciling with their SSA children, many of whom came out of homosexuality. Cohen has trained thousands of therapists, clergy, and ministry leaders in the USA, Mexico, and Europe.



Cohen Family 2009

Homosexuality is increasingly promoted on every level of our society. Therefore, it is imperative that we turn our attention to education, informing everyone about the basics of SSA, and then how to love those with SSA the right way. In so doing, we will set love in order and restore the family—one man and one woman with children.

Lesson I: History of the Homosexual Movement — Part I

The Homosexual Movement was built upon the backs of SSA men and women who experienced pain, rejection and discrimination because of feelings they never chose to have. Who would ever ask to have homosexual desires?



“You faggot, get out of here.” “You dyke, we don’t like your kind.” “Sissy, I’ll beat your brains out.” “Queer, pansy, just die!” These are just some of the slings and arrows of outrageous fortune that SSA men and women have had to endure all of their lives. How grossly unfair to be treated like an outcast by one’s own family (“Get out of here if you are going to live a homosexual life.”); at school (“Faggot, no one wants you around here.”); in their place of worship (“You are the sinner of sinners, you are damned and condemned.”); and in the workplace (“You’re fired, you faggot.”).



This is the plight of most men and women who experience SSA through no conscious choice of their own. Even if they choose to live a homosexual life, they do not deserve such treatment. What if you experienced SSA? What if it were your son or daughter, or your father or mother, or sister or brother? Only loving in the truth with compassion will restore their wounded hearts. Please journey with us as we share poignant and meaningful ways to love those with SSA back to life, to help them fulfill their innate heterosexual potential.

Visit our website at www.ChangeIsPossible.com

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• Mission Statement

Healing homosexuality psychologically, politically, and spiritually: since we know what causes same-sex attraction (SSA) in men and women, we know how to resolve it. Journey with us on this exciting path of healing as we create a Revolution of Love!

• Quotes

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." -- Martin Luther King, Jr.

"The whole idea of compassion is based on a keen awareness of the interdependence of all these living things, which are all part of one another, and all involved in one another." -- Thomas Merton

"When a young woman of high caste comes and puts herself at the service of the poor, she is the protagonist of a revolution. It is the greatest, the most difficult revolution--the revolution of love." -- Mother Teresa

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